Community colleges like Illinois Central College were developed to be more than just institutions of higher education. The legislation that created our Illinois community college system also encouraged community colleges to be cultural and lifelong learning resources.

The GO GUIDE provides you with a list of opportunities available at Illinois Central College that are NOT college credit classes. From trips, to recreational learning, to plays and stage performance, the GO GUIDE will provide you with lots of opportunities to...
Dr. Sheila Quirk-Bailey will become Illinois Central College’s fifth president on July 1. She previously served as the Chief of Staff and Vice President of Planning and Institutional Effectiveness at William Rainey Harper College in Palatine, Ill. She has more than 24 years of experience in community college leadership.

During her tenure at Harper, Dr. Quirk-Bailey was responsible for implementation of policy and key operational strategies, including acting as the chief architect for the school’s strategic plan. Under her guidance Harper realized a 10-point increase in graduation rates and won the Leah Meyer Austin Award for Excellence from Achieving the Dream. She also provided leadership in curriculum and instruction; institutional effectiveness; community and workforce development; diversity and inclusion; and community relations.

“Serving as Illinois Central College’s fifth president will be a great honor. ICC is an excellent institution, and I am humbled and excited by the opportunity to support its future successes,” Dr. Quirk-Bailey said.

Don Brennan, Board of Trustees chair added, “We are looking forward to welcoming Dr. Quirk-Bailey into the ICC family and the greater Peoria community. Not only does she have strong ties to downstate Illinois which give her a special perspective of our unique challenges, but she also has across-the-board experience in administration that will serve the College well.”

Dr. Quirk-Bailey received her undergraduate degree from Bradley University; her master’s degree from Northern Illinois University; and her doctorate from the University of Maryland University College. She and her husband, Dave, enjoy live performances and travel. They have a son in Charlotte, NC; a daughter in San Francisco; and another son in Palatine, Ill. They share their home with two rescue cats, Katie and Lucky.

Illinois Central College Dental Hygiene Clinic

cleanings, sealants, and oral hygiene instruction

$20 per appointment (Medicaid no charge)

Downtown Campus, Thomas Building, Room 105

Call (309) 999-4616 for more information.

On Campus Housing

Illinois Central College offers students on-campus living opportunities. Students can choose from 2- or 4-bedroom fully furnished apartments. Living on-campus provides immediate access to classes as well as the community sport court, swimming pool, and private events held just for residents. For more information, contact OnCampusHousing@icc.edu.

icc.edu

309/694-5422
The ICC Arts & Communication Department has a rich history of enhancing the arts community and expanding education beyond the classroom. We strive to create opportunities for students to share in artistic performance to gain real-world experience in front of audiences and for the benefit of the community. We’ve named our collective effort Arts at ICC. Arts at ICC annually presents more than 500 performances, lectures, meetings, rehearsals, seminars, master classes, clinics, receptions, orientations, forums, auditions, and tournaments.

Some Arts at ICC events require tickets. Tickets for on-campus events can be purchased three ways:

ONLINE at ArtsAtICC.com
BY PHONE at (309) 694-5136
IN PERSON at the Performing Arts Center Box Office

Events listed here are held in the Performing Arts Center on the ICC East Peoria Campus unless otherwise noted.

**IN-RESIDENCE AT ICC**

**Heritage Ensemble presents**

**Juneteenth: An American Celebration**

A Journey from Slavery to Emancipation and the Present Through Song

- Saturday, June 18 • 7:30 pm
- Tickets: General public $15, Seniors $12, Students $8

**ICC THEATRE PROGRAM**

**The House of Blue Leaves** RATED PG
written by John Guare

- September 23-25
- September 30-October 2
- Friday-Saturday • 7:30 pm
- Sunday • 2:30 pm
- Main Stage Theatre
- Tickets: General public $7, students and seniors $5

The ICC Performing Arts Center offers volunteer opportunities for members of the community. Volunteers can assist with ushering, taking tickets, passing out programs or other duties. And you’ll also be in the facility to enjoy the performance event at which you’re volunteering!

For more information, call the Performing Arts Center Box Office at (309) 694-5136 or email arts@icc.edu.

**Estate Planning Seminar – Making Wills Work for You**

A vital part of your estate plan is a properly drawn will. This FREE seminar will help you prepare the information you need to work with your attorney in drafting or updating your will or trust. You will learn: reasons for having a will, what to do if you change your mind, recent changes in estate taxes, healthcare and financial power of attorney and more. The seminar is provided free of charge by the ICC Educational Foundation and limited to 40 participants.

Cost: Free
- Tuesday, September 27
  - 1:00 pm - 3:30 pm
  - ICC North; Estate Planning Professionals
Frank & Dean Together Again
Friday, August 12 • 7:30 pm
The time is right for the very best musical tribute and comedy parody, celebrating the charm and brilliance of legendary icons Frank Sinatra and Dean Martin. You’ll never be more excited about any show after you’ve seen Frank and Dean Together Again. Tickets $30 (students $20)

Scarsdale Fair: A Simon & Garfunkel Experience
featuring the Guthrie Brothers
Friday, October 21 • 7:30 pm
From their mesmerizing rendition of Sound of Silence to their playful version of Cecilia, prepare to fall in love again with the music of Simon and Garfunkel. The Guthrie Brothers take audiences on a journey of one of the world’s most recognized folk rock duos. Through songs, stories, and trivia, Jeb and Jock blend their rich voices together to weave an enjoyable tapestry that leaves every audience member smiling. Tickets $20 (students $10)

Second City Holiday Show
Saturday, November 26 • 7:30 pm
Enjoy a holiday-themed evening of songs, sketch comedy, and, of course, the trademark improvisational comedy for which The Second City is known. Rated R for adult themes. Tickets $30 all ages

A John Denver Christmas
featuring Ted Vigil
Friday, December 16 • 7:30 pm
Tribute artist Ted Vigil pays tribute to the legendary John Denver in this holiday-themed show. Tickets $30 (students $20)

The Mind Boggling Variety Show
featuring Comedy, Magic, Ventriloquism, and more!
by Andy “The Split Man” Gross
Friday, March 10 • 7:30 pm
Audiences are unanimous in their praise of this amazing performer. His ad-libs during his stand-up are compared frequently to classic comedians, and his “cut in half” YouTube video has been viewed more than 7 million times. Tickets $20 (students $10)

Buddy & Beyond: The History of Rock and Roll
featuring Johnny Rogers
Friday, May 19 • 7:30 pm
Johnny Rogers will transport you back in time to when you could go to your favorite malt shop, with your favorite girl, and dance to your favorite bands. Tickets $25 (students $15)

Full Season Ticket Packages Cost $100 and Include...
- Full season tickets: $100 (includes tickets to all five shows)
- Two complimentary tickets to two ICC Theatre Program productions
- Choose your own seats (based on availability) and retain the same seats for all five shows
- Purchase a ticket to the Second City Holiday Show for the discounted price of $20

Season Tickets 5 shows ONLY $100! Ask about our flex pack for $85
**Pharmacy Technician**

The Pharmacy Technician course is 12 weeks of classroom instruction for individuals interested in a career as a Pharmacy Technician. This course will give you a solid foundation in the skills necessary for employment as a pharmacy technician and will prepare you for the PTCB (Pharmacy Technician Certification Board) exam. Learn about the origin and history of pharmacy, calculating doses, drug regulation and controls, transcribing physician’s orders, correct medication packaging, and much more.

- **August 18 - November 10, 2016**
  - 6 pm - 10 pm
  - ICC North, Hickory Hall
  - Natalie Dilts

Your $1,600 price includes:
- **Tuition**
- **Pharmacy Technician textbook and workbook**
- **Set of top 100 drugs brand/generic flashcards**
- **Set of medical scrubs**

**PAYMENT PLAN AVAILABLE**

Pharmacy Technicians earn a national average hourly wage of $14.62 and national average yearly salary of $30,410. The demand for Pharmacy Technicians is expected to increase by 9% by 2024. Employment opportunities for Pharmacy Technicians include retail pharmacies, hospitals, mail order pharmacies, long-term care facilities, infusion centers, and correctional facilities.

In order to be licensed as a Pharmacy Technician in the State of Illinois, you must have earned a High School Diploma or G.E.D.; have no felonies or drug charges; and must become certified within two years of registration with the Division of Professional Regulation.

**FIND OUT MORE...**

at a FREE information session:

- **Thursday, July 7, 2016 – 6-8 pm**
- **Monday, July 16, 2016 – 10 to Noon**

All information sessions and classes held at Hickory Hall, ICC North Campus located at 5407 N University, Peoria

To register: icc.edu/pdi/pharmtech
Or call: Ellen George at (309) 690-6809

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**MEMBERSHIP BENEFITS**

- Access to all fitness equipment
- Use of the walking/running track
- Unlimited group exercise classes
- Use of the locker rooms
- Fitness orientation

**FREE FREE FREE FREE**

**ONE (1) DAY PASS**

Redeem at the front desk in the CougarPlex

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The ICC Fitness Center has what you need to GET GOING and KEEP GOING.

Things to help you GET GOING: Equipment Orientation, locker rooms, towel service, top of the line cardio and strength equipment, an indoor track and smoothie bar.

Things to help you KEEP GOING: A variety of FREE Group Fitness Classes available with membership purchase, Fun Fitness Challenges throughout the year to help motivate and hold you accountable, and Personal Training services available to purchase.

Our Fitness Center and classes are available to anyone ages 18+. All fitness levels welcome. We are also a Healthways/Silver Sneakers certified facility.

Contact us for membership rates and options – (309) 694-5419.
Keep Up with Your Student’s College “Do” Dates

When do finals start? When tuition is due? When do you register? Now you can find out by subscribing to ICC’s DoDates email newsletter. Designed for parents and family members who want to be in the know, the newsletter will be emailed about ten times a year. Subscribers can opt out any time. Sign up at icc.edu/DoDates.

SUBSCRIBE TODAY!

New Student Orientation

Orientation exists to help all incoming, first-time students as they transition to college. The two and a half hour program includes separate sessions for students and their family members. Campus representatives will be available to provide information and answer questions including student services, financial aid, campus police, and much more! RSVP by visiting the ICC website.

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<th>June 30</th>
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<th>August 3</th>
<th>July 26</th>
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ICC Alumni Association members enjoy discounts at the following:

- Artsy Fun! Creative Studio
- Avanti’s Ristorante
- Bard Optical
- Bean Styled
- CareerHappy
- C.O.R.E. Fitness & Boxing Club
- Costco Wholesale
- Cracked Pepper Catering and Bakery, Inc.
- Culver’s (go to icc.edu/alumni for locations)
- Dumit Ghanous Tailorshop
- Emack and Bolio’s
- Enviro-Dry Clean Carpets
- Eyel’s Coffee & East Peoria Popcorn
- Gardenuity
- Hair and Beyond
- The Hair House
- Heart Technologies, Inc.
- Hearth Restaurant
- Hokkaido Restaurant
- Holiday Inn & Suites East Peoria
- Illinois Eye Center
- Johnny’s Italian Steakhouse
- Lurid Photography
- Mark Twain Hotel
- McCall Law Offices, P.C.
- McMahon’s Pints & Plates
- Norwex Independent
- Consultant Janet Velling
- Papa Murphy’s
- Take ‘n’ Bake Pizza
- Peoria Chamber of Commerce
- Pumpkin Glass Gallery and Studio
- Reel-Haas Chair Covers
- Relationship Medics
- Russell’s Cycling and Fitness Center
- Sam’s Club
- Sarkis Alwan Photography
- Tazewell County School Employees Credit Union
- Uftring Auto Group
- Vintages Tasting Room
- Web Tech Services, Inc.
- Wildlife Prairie Park

Go to icc.edu/alumni and click on “Join Us” – One-time fee of $30 –

If you have completed a certificate or a minimum of 30 credit hours at ICC, you are eligible to join the ICC Alumni Association.

If you are looking for an enriching preschool or child care, look no further than Illinois Central College! The ICC Children’s Center offers small class sizes, stimulating curriculum, and experienced, educated, and caring teachers.

- Open year-round on the East Peoria Campus except when the College is closed.
- Full and part day, and full week options available.
- For ages 2 - 6. Children must be toilet trained.
- Open to the public.
- ICC students and staff receive discounts.

For more information contact: Melanie Fleming at (309) 694-5116 or mfleming@icc.edu
**Adult Community Programs**

are a variety of non-credit programs designed to provide adults the opportunity to learn new skills, visit unique places, investigate interesting topics and more!

Unless otherwise stated, all classes are designed for adults 18 and older.

**IT’S EASY TO REGISTER**

ONLINE [icc.edu/acp](http://icc.edu/acp)

CALL (309) 690-6900

IN PERSON at ICC NORTH

HICKORY HALL

Look for your email confirmation with registration information and a map. If you don’t have email, a confirmation will be mailed to you.

Note: In the event a participant has to reschedule or cancel, the participant must notify Adult Community Programs (309) 690-6900 at least five business days in advance of the workshop or 15 business days in advance of the trip to receive a refund. You may substitute another person in your place at no charge. Unless otherwise stated, all programs are designed for adults 18 and older. Questions: Call (309) 690-6900

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**Art**

**Drawing and Sketching**

This class is designed for beginners and intermediate skill levels. When the weather permits we will sketch and draw outside (plein air) on the ICC North campus. On those days that the weather is too windy or raining we will stay inside and take the opportunity to use a still-life set up with a photo light on the subject to create light and shadow. Participants will learn how to use photo references or magazines and change the composition so it will become their own work instead of a copy of someone else’s composition. There will be a strong focus on the importance of light sources both for the inside activities and in the “plein air” sketching. Participants will also learn how to enlarge a previously drawn composition by using a simple graphing technique. Check the ACP website for the supply list.

Cost: $76

- Tuesdays, July 19 - August 9
  - 9:30 am - 11:30 am
  - ICC North; Jean Gronewold

**Zentangle®**

Zentangle is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. There is no right or wrong, no right side up, and no erasing. No artistic ability is needed to create interesting beautiful patterns called tangles. Patterns can be used for fabric detailing, quilting, and gift cards. The class is taught by a certified Zentangle instructor. Check the ACP (home) website for the supply list.

Cost: $76

- Tuesdays, August 16 - September 6
  - 6:00 pm - 8:00 pm
  - ICC North; Bonnie Cox

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**Advanced Zentangle®**

Build on the basic Zentangle designs by creating Zentangle Inspired Art projects on fabric and by creating mandalas. Come and explore the endless possibilities of Zentangle! Check the ACP website for the supply list.

Cost: $76

- Tuesdays, September 13 - October 4
  - 6:00 pm - 8:00 pm
  - ICC North; Bonnie Cox

**Basic Color Theory with Acrylics**

Color theory is an important concept for beginning and intermediate painters to understand. Using acrylic paints, participants will learn how to correctly mix paints, understand color terminology by using the color wheel, properly create shadows using complementary colors, and create paint charts for their individual palette. Painting exercises using a variety of subjects will be designed to utilize the color principles learned in class. New subject matter will be offered for those of you having previously taken this class. Check the ACP website for the supply list.

Cost: $76

- Saturdays, July 23 - August 13
  - 10:00 am - 12:00 pm
  - ICC North; Jean Gronewold

**Basic Acrylic Painting**

If you have never had experience using acrylic paints, or had little experience with the correct handling, then this is the class for you! The color wheel will be used to help in the understanding of basic color theory. You will learn how to mix acrylic paints using just the primary colors (red, blue and yellow) to create secondary colors (green, orange and purple). Participants will develop an understanding of how to use complimentary colors to make browns and grays as well as learning how to use the compliments to subdue high intensity colors. You will be able to create paintings in class with a better understanding of the properties of acrylic paint. Check the ACP website for the supply list.

Cost: $76

- Tuesdays, September 6 - 27
  - 9:30 am - 11:30 am
  - ICC North; Jean Gronewold

**The Art of Calligraphy**

Have you ever wanted to be able to write your own invitations, a fancy note, or your favorite poem for display? Explore the art of beautiful writing with the most common calligraphic style Italics! Learn how to create beautiful letter forms using a variety of tools and materials. Have fun making practical use of your new skills by addressing envelopes, place cards, and other simple projects. This is a great class for beginners. Check the ACP website for the supply list.

Cost: $19

- Tuesday, September 13
  - 6:00 pm - 8:00 pm
  - ICC North; Gwen Buchanan

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Like us on Facebook [facebook](http://facebook.com)

[icc.edu/acp](http://icc.edu/acp)
Computers

Buying on eBay
Have you ever been interested in bidding in an online eBay auction but didn't know where to start? This class will be led by a long time eBay user who will discuss the different types of online eBay selling styles. We'll discuss buying and bidding techniques that in time will produce positive results. Etiquette for completing an eBay transaction will be discussed. We will also venture into the PayPal website in order to complete your future eBay purchases. It is suggested, but not required, that participants be a registered eBay user.
Cost: $21
■ Tuesday, July 19
6:00 pm - 8:00 pm
ICC North; Rick Farmer

Selling on eBay
Have you ever been interested in selling in an online eBay auction but didn't know where to start? This class will be led by a long time eBay user who will discuss the different types of online eBay selling styles. We will cover eBay's basic selling options (Auctions or "Buy it Now"), as well as etiquette for completing an eBay transaction. We will also venture into the PayPal website in order to complete your future eBay transactions.
Cost: $31.50
■ Wednesday, August 17
6:00 pm - 9:00 pm
ICC North; Rick Farmer

Becoming a Google Expert
Become a Google expert by learning when to search the web for information, what information is available through search engines, and how to evaluate information found online. You will also learn tips and tricks for getting the best search results.
Cost: $21
■ Thursday, July 28
6:00 pm - 8:00 pm
ICC North; Michelle Nielsen Ott

Buying and Selling on Craigslist
Have you ever been curious how to go about looking for and buying something from the online website Craigslist? This class will be led by a long time user of Craigslist who will explain buying and selling on the website. We’ll cover how to interpret the key words you see in ads to know the true condition of an item or if a buyer is willing to lower their price. We will also cover the process of selling on Craigslist including how to price your item and writing the description to produce positive results. We will walk through the actual process of listing an item for sale and discuss the do's and don'ts along the way.
Cost: $21
■ Wednesday, September 14
6:00 pm - 8:00 pm
ICC North; Ruth Inman

Website Design for Beginners
Do you want to design a basic website for yourself? Websites can focus on family events, small businesses, personal hobbies, or any topic of your choice. In this workshop we will use Weebly.com, a WYSIWYG (“What You See is What You Get”) web development system, which offers various website templates, as well as a full content management system, to create a basic website that can include photo albums, videos, blogs, and more! There is a free version offered; advanced features are available by purchasing a subscription. Participants who are familiar with the Microsoft Office suite should find Weebly easy to use. Come with an idea of a website you would like to develop.
Cost: $63
■ Wednesdays, September 21 - October 5
6:30 pm - 8:30 pm
ICC North; Nicole Reese

Hickory Hall is your home base on the Illinois Central College North Campus for the majority of Adult Community Programs. You will find close, convenient parking, modern, well-lit classrooms, and comfortable lounges to gather with fellow participants for coffee.
Routine Computer Maintenance
This class is designed to share with you a recommended schedule for weekly and monthly maintenance of your computer. We will cover such tasks as cleaning out your temporary files, running a malware detector and cleaner, regular use of virus protection, and backing up your important files. After this class you will understand more about what files are important to back up and how to keep your computer running more smoothly.
Cost: $31.50
- Saturday, September 24
  9:00 am - 12:00 pm
  ICC North; Ruth Inman

Computers Simplified
Learn common computer skills to perform daily tasks on your computer. All computers require you to type and use the mouse. We'll start with Keyboarding and Mouse exercises and continue with computer terminology, Explore the Desktop, Taskbar and Program Icons. Use a word processing application to highlight text and change the font style and size. Insert Images to enhance a document, learn how to cut, copy, paste and save your documents. Navigate Internet Explorer and use InPrivate Browsing for safer Internet surfing. These computer skills are universal for any operating system. We will use an ICC Lab computer with Windows 7. Optional: USB Flash Drive.
Cost: $94.50
- Mondays, September 12 - 26
  9:00 am - 12:00 pm
  ICC North; Vickie Culbertson

Introduction to MS Word
Word offers a variety of editing tools to help make your Document look its best. Tackle any fun or work project involving text by using different fonts, bullets or numbers and insert images to enhance your Document. Adjust Paragraph line spacing along with Margin settings. Add elements to your Document with page numbers, tables, columns, headers/footers and table of contents. Once your Document is completed you will preview, save and print. You will use an ICC lab computer with Windows 7 operating system.
Required: USB Flash Drive.
Cost: $94.50
- Mondays, September 26 - October 10
  1:00 pm - 4:00 pm
  ICC North; Vickie Culbertson

Files, Folders & Flash Drives – Laptop
The File Explorer in Windows 10 organizes Files & Folders we create using the Ribbon full of tool options and the Customized Quick Access Toolbar. This class will focus only on using the File Explorer Ribbon (This PC & Libraries). You will create, save, organize and categorize files and folders in the File Explorer using the Documents Folder, Pictures Folders and a Flash Drive. Required: Windows 8, 8.1 or Windows 10 Laptop fully charged, mouse for faster mobility and USB Flash Drive. Computer skills are required for this class.
Cost: $31.50
- Wednesday, October 5
  9:00 am - 12:00 pm
  ICC North; Vickie Culbertson

Introduction to MS Excel
Begin with the basics of Excel. If you have limited or no experience using Excel, learn how to enter and organize text and numeric data into a Worksheet. Work with Formulas and Functions using basic steps to perform mathematical calculations, adjust the appearance of a Worksheet by resizing Columns and Rows, Cell Borders and Shading. Enhance your Worksheet using Charts, Sparklines and Conditional Formatting. Work sheets will be provided for you with step-by-step exercises on how to enter text and numeric data. Once your Worksheet is completed you will save, preview and print. Computer and keyboarding skills are required. You will use an ICC lab computer with Windows 7 operating system.
Required: USB Flash Drive.
Cost: $94.50
- Thursdays, October 6 - 20
  9:00 am - 12:00 pm
  ICC North; Vickie Culbertson

Introducing Windows 10 – Laptop
Discover once again the Desktop that includes a new Start Button and improved Start Menu that expands a list of pinned Apps, Tiles and Live Tiles without going to the Start Screen. From the Start Menu you will find the All Apps programs, create multiple Desktops using the Virtual Desktops, and use the Action Center for Notifications, Microsoft Edge the new Internet Browser and Cortana your new Personal Assistant. The previous Start Screen can be accessed through the Tablet Mode. Bring your upgraded Windows 10 laptop or new Windows 10 laptop to class. You will need a Microsoft Account to open the new Windows Store, Mail and Cortana. Bring a mouse for faster mobility.
Cost: $24
- Thursday, October 13
  6:00 pm - 8:00 pm
  ICC North; Vickie Culbertson

Introducing Windows 10 – Desktop
The new design of Windows 10 looks and feels familiar. Start with the ease of the Desktop’s new Start Button and improved Start Menu that expands a list of pinned Apps, Tiles and Live Tiles. From the Start Menu you will find Settings for your computer and the list of familiar All Apps programs. Create multiple Desktops using the Virtual Desktops, the Action Center for Notifications and Microsoft Edge for easy Internet Browsing. Find out how Cortana, your new Personal Assistant, can make using your computer fun and easy. You will use an ICC Desktop computer with Windows 10.
Cost: $24
- Monday, October 17
  10:00 am - 12:00 pm
  ICC North; Vickie Culbertson

Photo Video Slideshows
Have you ever wanted to set a collection of photographs to video and be able to add special effects and music? You’ll learn to create slides (with text and images) from your own photographs and then create movies with the addition of special video effects and music using Windows Movie Maker. Completed videos can be uploaded to YouTube if you wish. Participants should have basic knowledge of Microsoft PowerPoint and bring 20-30 photos of their choice on a saving device (CD or jump drive).
Cost: $63
- Wednesdays, October 19 - November 2
  6:30 pm - 8:30 pm
  ICC North; Nicole Reese

Career Crash Course
If you need to brush up on your computer skills, this class is designed to give you a crash course on creating and saving Files and Folders and using a saving device. Tackle any project involving text or images in Microsoft Word. Use Word’s Ribbon for a variety of editing tools and formatting features to enhance your Documents. Microsoft Excel is a powerful spreadsheet program. Learn to enter and organize text data and manipulate numerical data using basic Formulas and Functions. You will use an ICC Lab Windows 7 computer. Required: USB Flash Drive.
Cost: $94.50
- Thursdays, September 8 - 22
  6:00 pm - 9:00 pm
  ICC North; Vickie Culbertson

icc.edu/acp
**Cooking**

**Pressure Canning Basics**
Enjoy the taste of summer all year long by learning how to preserve fresh vegetables! We'll discuss food safety and pressure canner safety, and then go through the hands-on step-by-step process of canning green beans. You will walk away with the finished product and new confidence in your abilities. Also included is a copy of *So Easy to Preserve* (6th edition), a 388-page book including chapters on preserving food, canning, pickled products, sweet spreads and syrups, freezing and drying. You *CAN* do it!

Cost: $55
- Monday, July 18
  - 6:00 pm - 8:00 pm
  - ICC North; Gwen Buchanan

**Hot Water Bath Canning**
Learn to preserve high acid foods like tomatoes, fruits, pickles, and jams/jellies using the hot water bath canning method. The class will go through the hands-on step-by-step process of canning tomatoes. You’ll go home with the finished product, a copy of *So Easy to Preserve*, and the confidence to put up your fruits and veggies with a hot water bath.

Cost: $55
- Cost if attended Pressure Canning Basics and do not need a copy of *So Easy to Preserve* book: $35
  - Wednesday, August 3
    - 6:00 pm - 8:00 pm
    - ICC North; Gwen Buchanan

**Heating Things Up With Homemade Salsa**
Do you love the taste of homemade salsa but don’t have time to make it fresh every time you have a craving for chips and salsa? Come learn how to use up your garden veggies to make salsa and then preserve it for the winter ahead. You’ll first learn about food and canner safety, and then go through the hands-on step-by-step process of canning salsa in a hot water bath canner. You’ll go home with the finished product, a copy of *So Easy to Preserve*, and new-found confidence and abilities to heat things up with your own salsa.

Cost: $60
- Cost if attended previous canning classes and do not need a copy of *So Easy to Preserve* book: $40
  - Wednesday, August 10
    - 6:00 pm - 8:00 pm
    - ICC North; Gwen Buchanan

**Crafts**

**Things to Know Before You Quilt**
There’s a lot to know before you start quilting. We’ll discuss supplies, such as rulers, cutting mats, and cutting tools. You’ll learn the proper way to cut fabric. We’ll also go over picking colors and patterns of fabric, which fabrics work better for quilting, and how to customize the pattern for your quilt. Handouts will be provided at the first class. After taking the class, you’ll have a better idea if quilting is for you.

Cost: $57
- Saturdays, July 9 - 23
  - 10:00 am - 12:00 pm
  - Jones Sewing; 3410 N. Prospect Rd., Peoria; Donna Yonker

**Beginning Sewing**
Learn the basics of sewing. We will discuss supplies, thread, needles, fabric, and patterns. You’ll learn how to read, set and cut out the pattern. You will become acquainted with the sewing machine parts and learn to use the sewing machine. Your project will be a 16” pillow with a zipper centered in the back (pattern will be provided). We’ll touch on the joys of a serger and what it does to finish edges. Sewing machines will be provided, but you may bring your own machine (must be in good operating condition) with user manual. Check the ACP website for the supply list.

Cost: $76
- Saturdays, October 15 - November 5
  - 10:00 am - 12:00 pm
  - Jones Sewing; 3410 N. Prospect Rd., Peoria; Sue Buchanan

**Origami You Can Do**
Origami is learning another language, the language of paper folding. Perhaps you have tried and ended up with a wad of paper, or you have been intrigued by finished folds with no idea how to begin. Through an orderly and systematic process, you will learn the basics and will be able to repeat the folds on your own. The meaning of marks on diagrams will be explained, even if the diagram has text in Japanese, German or another language you don’t speak. All supplies will be provided for this class.

Cost: $82
- Mondays, September 12 - October 3
  - 10:00 am - 12:00 pm
  - ICC North; Kathy Knapp

**Dance & Fitness**

**Ballet for Adults (50+)**
Come explore movement that’s good for body and mind! We’ll dance for outer enjoyment and inner well-being. Instruction will build slowly while learning basic and gentle ballet steps. The class environment is set up to accommodate all body types and physical limitations. If you have ever wanted to take ballet, or used to take it a long time ago, this is the perfect class for you! Participants should wear comfortable, movement-friendly clothing and have ballet shoes, jazz shoes, soft tennis shoes (Keds), or socks.

Cost: $38
- Wednesdays, August 3 - 24
  - 6:00 pm - 7:00 pm
  - Dance Studio at the Performing Arts Center
    - ICC East Peoria Campus; Jennifer Hand

**A Concise History of Dance**
Dance is quickly growing into one of the most popular forms of entertainment. This presentation will include lecture, video, photography, and live performances by the Central Illinois Ballet. We will cover dance from primitive times to the present. This is a wonderful opportunity for anyone who is interested in the art of dance. It is
Yoga/More Yoga
This yoga class is designed for those looking to learn, or return to, the foundations of yoga postures (asanas), alignment breathing, and technique. Classes build warmth, endurance, flexibility, and strength in a supportive environment, encouraging the link between mindful body movement and the breath. Yoga mats are available or bring your own.
Cost: $57
- Tuesdays, September 6 - 27
  5:30 pm - 7:00 pm
  ICC North; Vickie Culbertson
- Tuesdays, October 4 - 25
  5:30 pm - 7:00 pm
  ICC North; Vickie Culbertson

Drop-In Yoga
Drop in Yoga is available for any of the class times listed for Yoga/More Yoga. To attend, register online or in person at Hickory Hall (class is in Arbor Hall so allow 15 minutes to register and to get to class). Save your receipt and bring it with you to the class to show instructor. If you don’t have your receipt, you will need to go to Hickory Hall prior to attending to get another one.
Cost: $15

Chair Yoga
Perfect for all levels, chair yoga is a great way to relax from head to toe without the stress of getting on the floor. Perfect for those who want to stretch their bodies to relieve tension. You will learn postures that will open your hips, move your shoulders and neck, stretch your hamstrings and find length in your spine.
Cost: $38
- Tuesdays, September 6 - 27
  8:30 am - 9:30 am
  ICC North; Vickie Culbertson
- Tuesdays, October 4 - 25
  8:30 am - 9:30 am
  ICC North; Vickie Culbertson

Lunchtime Yoga
This yoga class is designed for those looking to learn, or return to, the foundations of yoga postures (asanas), alignment breathing, and technique. Classes build warmth, endurance, flexibility, and strength in a supportive environment, encouraging the link between mindful body movement and the breath. Yoga mats are available or bring your own.
Cost: $24
- Mondays, September 12 - 26
  12:00 pm - 12:45 pm
  ICC North; ICC Fitness Instructor
- Thursdays, September 8 - 29
  12:00 pm - 12:45 pm
  ICC North; ICC Fitness Instructor

Drop-In Lunchtime Yoga
Drop in Yoga is available for any of the class times listed for Lunchtime Yoga. To attend, register online or in person at Hickory Hall (class is in Arbor Hall so allow 15 minutes to register and to get to class). Save your receipt and bring it with you to the class to show instructor. If you don’t have your receipt, you will need to go to Hickory Hall prior to attending to get another one.
Cost: $12.75

Zumba
We take the “work” out of the workout by mixing low-intensity and high-intensity moves for an interval-style, calorie burning dance fitness party.
Cost: $24
- Mondays, September 12 - 26
  5:15 pm - 6:00 pm
  ICC North; Debracon Hangen
- Thursdays, September 8 - 29
  5:15 pm - 6:00 pm
  ICC North; Debracon Hangen

Drop-In Zumba
Drop in Zumba is available for any of the class times listed for Zumba. To attend, register online or in person at Hickory Hall (class is in Arbor Hall so allow 15 minutes to register and to get to class). Save your receipt and bring it with you to the class to show instructor. If you don’t have your receipt, you will need to go to Hickory Hall prior to attending to get another one.
Cost: $12.75

Social Dance 1
Learn a few basic patterns in several popular “partner” dances, including Single Swing, Waltz and Nightclub (California) 2-Step. You will learn a variety of dancing rhythms. Swing fits many styles of upbeat music. Waltz is a beautiful, flowing dance fitting 3/4 time rhythms, and Nightclub 2-Step is a wonderful and romantic slow dance. Music selections will include ’50s, ’60s, light rock and country. You do not need a partner to attend; singles and couples are welcome. To protect the dance floor, please wear soft-soled shoes such as suede-soled ballroom dance shoes, suede-soled house shoes, or dance in socks. The fee is per person.
Cost: $66.50
- Tuesdays, July 5 - 26
  6:45 pm - 8:30 pm
  CougarPlex, East Peoria Campus; Cathy Hempstead

Introduction to Nightclub Dances
We’ll get a little exposure to four popular “nightclub” dances. These are danced with a partner — one person leads, the other follows (like Ballroom dances) — are enjoyed with a variety of pop-music rhythms, and fit on crowded or small dance floors. Join us to learn a little East Coast Swing, West Coast Swing, Ballad and Salsa.
Cost: $66.50
- Tuesdays, August 30 - September 20
  6:45 pm - 8:30 pm
  CougarPlex, East Peoria Campus; Cathy Hempstead

Texas Two-Step
A timeless favorite of country-music fans, Texas Two-Step is related to Foxtrot, but faster, and is comfortably danced in cowboy boots. We’ll also briefly introduce Triple Two-Step, which offers many additional moves and fits slower to mid-speed country music.
Cost: $66.50
- Tuesdays, September 27 - October 18
  6:45 pm - 8:30 pm
  CougarPlex, East Peoria Campus; Cathy Hempstead

icc.edu/acp
Ballroom Dance 1
Rumba, Foxtrot and Cha Cha are three dance styles that fit a variety of music. Romantic and sultry, Rumba was the original slow dance. A highly addictive rhythm, Cha Cha is the Caribbean-influenced counterpart of Triple Swing. Foxtrot allows you to move gracefully around the dance floor like Fred and Ginger.
Get ready to impress your friends with your great moves and self-confidence at receptions and other dance occasions. You don’t need a partner to attend; singles and couples are welcome. We’ll focus on different dances in each 5-week session. To protect the dance floor, please wear soft-soled shoes such as suede-soled ballroom dance shoes, suede-soled house shoes, or dance in socks. The fee is per person.
Cost: $66.50

Discover Scuba Diving
Have you ever thought about Scuba Diving? Well, here’s your chance to try it out. This class will introduce you to scuba equipment and let you experience underwater breathing. There will be plenty of time to swim around, getting the feel of being a diver. All equipment will be provided. This class does not allow you to become a certified diver.
Cost: $47

Scuba Diving
You will be introduced to an amazing underwater world in an Olympic pool. You will learn to breathe, swim comfortably underwater, and learn numerous skills that will prepare you for open water certification in local waters or ocean waters that are waiting for you to experience its wonders. This course provides instruction on the care and use of scuba equipment, the underwater environment, PADI eRDp, and much more. Some swimming skills required. Pool sessions are held at Eureka College Pool. Student must contact Aqua Diving School prior to the first session. Times can be flexible if instructor is notified prior to the class.
Cost: $180 (plus $80 book fee paid to Aqua Dive - books may be shared by members of the same household). Mask, fins, snorkel, and boots can be purchased or rented ($30 rental fee which can be applied to purchase). All other scuba equipment is provided.

Financial
Five Money Questions for Women
Learn a process women can use to identify financial goals and set a strategy. Discusses Rule of 72, systematic investing, employer-sponsored retirement plans and IRAs as strategies for saving. Designed for pre-retiree women.
Cost: $17
Tuesday, August 2
6:00 pm - 8:00 pm
ICC North; Vince Bruno

Retirement Planning Today
You’ve worked hard to provide for your family and save for your future. Now, there is a course that teaches how to keep more of what you earn and make your money work harder for you. Whether you are just beginning to develop a retirement plan or you are rapidly approaching retirement, you should enroll in this course. You will learn how to define long-term goals and return from the class with practical information you can apply immediately. The course includes a 224-page illustrated textbook. A spouse or guest may attend at no additional charge.
Cost: $55
Tuesday, October 11 & 18
6:30 pm - 9:30 pm
ICC North; Jay Goldstein, Jeffrey Bailey, Jayme Bailey
Thursday, October 13 & 20
6:30 pm - 9:30 pm
ICC North; Jay Goldstein, Jeffrey Bailey, Jayme Bailey

Gardening & Life Science
Floral Design 101 and Beyond
Whether you want to arrange flowers at home or are interested in becoming a professional floral designer, this class will give you a great foundation on the technical methods of flower arranging as well as composition, color, and design. Learn tricks of the trade and tips about how to get into the business, along with basics like the best time to pick flowers for cutting and tricks for helping them last longer. Gain the confidence to create your own flower arrangements for home or gifts or to pursue opportunities and further education in the floral industry. Blending hands-on skills and personal instruction with premier quality fresh flowers and foliage makes this experience unique. Please bring a small sharp knife and a pair of scissors. Cost of all materials included.
Cost: $78
Wednesday, July 13 & 20
6:00 pm - 8:00 pm
ICC North; Julie Dantone

Leaf Castings Workshop
Leaf sculptures can add beauty to any garden or indoor environment. Many completed samples will be shown for inspiration. There will be opportunity to cast several leaves. You may bring your own leaves, but all materials will be provided. Wear old clothes and bring rubber gloves. Depending on the type of construction some leaves may need to dry at ICC’s Horticulture Lab and be picked up at a later date. Your leaf casting can be used as ornaments, bird baths, feeders, etc.
Cost: $22
Wednesday, July 20
6:00 pm - 8:00 pm
ICC Horticulture Lab; Ela Maxwell
Saturday, August 27
10:00 am - 12:00 pm
ICC Horticulture Lab; Ela Maxwell

Hypertufa: English Garden Trough Workshop
Create a rustic garden container for your patio, deck, or garden. Hypertufa is a cast “rock-like” material that can be formed into almost any shape. It is a lighter weight alternative to a concrete container and is strong enough to withstand the freeze/thaw cycle of our winters. Samples will be shown for inspiration. You can also incorporate found treasures: such as marbles, broken china, cut glass, rocks, etc. into the surface of the pots during construction. Please bring a plastic dishwashing tub, rubber gloves, and anything you wish to embed in your cast. Wear old clothes and shoes. Depending on the type of construction some containers will need to dry at ICC’s Horticulture Lab and be picked up at a later date. Your cast trough can make an excellent fairy garden container.
Cost: $22
Saturday, July 23
10:00 am - 12:00 pm
ICC Horticulture Lab; Ela Maxwell

Introductory Bonsai
Join in the centuries old art of bonsai. Bonsai can be challenging as well as rewarding. Learn about the unique plants that are candidates for this amazing form of expression. Please bring a pair of pruners or sharp scissors. Materials are included.
Cost: $44
Wednesday, July 27
6:00 pm - 8:00 pm
ICC North; Julie Dantone
How Soil Structure, Texture, and Health Affect Plants
Give your soil a health checkup. The characteristics of soil play a big part in the plant's ability to extract water and nutrients. If plants are to grow to their potential, the soil must provide a satisfactory environment for plant growth. Learn how different soil properties determine a plant's development. A healthy soil is productive, sustainable and profitable.
Cost: $21.25
- Wednesday, August 3
  6:00 pm - 8:30 pm
  ICC North; Pete Fandel

Create a Fairy Garden
From start to finish, make your Fairy or Miniature Garden. We will discuss different plants that can be used along with other embellishments. Everything will be provided. Extra fairy or miniature items may be available for purchase.
Cost: $39
- Wednesday, August 3
  6:00 pm - 8:00 pm
  ICC North; Julie Dantone

Landscape Design Basics
Landscape design is not rocket science, but it is more than just drawing circles and squiggles on paper. ICC's horticulturist will present some basic ideas and rules to help you feel comfortable with your project, including best sites for trees and beds, how to frame and screen views, the best use of certain areas, and when to call for a professional. Be sure to bring your yard measurements, sketches, photos, and questions. Materials needed are two number 2 pencils and a ruler.
Cost: $52.50
- Wednesdays, August 24 & 31
  6:00 pm - 8:30 pm
  ICC North; Julie Dantone

Introduction to Tree Identification
Enjoy the beautiful fall foliage while learning to recognize Central Illinois’ native trees. This workshop will begin at the ICC Land Lab where we will discuss tree types, how names can give you clues about the characteristics of trees and interesting tidbits about their use. After classroom discussion, participants will take a short walk through the ICC nature trails and identify trees that frequently occur in this area. We will discuss native and non-native species as well as those that are excellent landscape selections. Participants should wear comfortable shoes, and consider bringing a bottle of water. The outdoor walk is optional.
Cost: $17
- Saturday, September 17
  10:00 am - 12:00 pm
  ICC Horticulture Lab; Ella Maxwell

Health
Stocking your Healthy Kitchen on a Budget
A lot goes into stocking a healthy kitchen. Knowing what to buy and when to buy it is half the battle but it has a huge influence on wallets and waistlines. This class offers tips and tricks on what to look for at the grocery store to maximize nutrition and the value of your dollar. Discover how being open-minded at the grocery store can furnish a frugal and healthy kitchen.
Cost: $17
- Tuesday, July 12
  6:00 pm - 8:00 pm
  ICC North; Molly Bragg

Sing for the Health of It
Shower singers unite! If you are shy about singing, this class is for you. You will learn to improve your breathing, develop core muscles, exercise your brain to improve memory, concentration, linkage of left and right brain functions, build your stamina and have fun! You will also meet cool, fun people who want to join together in song. Remember, that “Singing is Dignified Screaming!”
Cost: $28.50
- Thursday, July 28
  6:00 pm - 9:00 pm
  ICC North; Edith Barnard

Introduction to Essential Oils
Discover and experience the health benefits of using essential oils, method of application and safety guidelines. Learn what essential oils are, how they work and explore various methods on how they can contribute towards your personal well-being.
Cost: $24
- Thursday, August 25
  6:00 pm - 8:00 pm
  ICC North; Lisa Duhon
- Thursday, September 22
  6:00 pm - 8:00 pm
  ICC North; Lisa Duhon
- Thursday, October 27
  6:00 pm - 8:00 pm
  ICC North; Lisa Duhon

Try Meditation
Meditation helps reduce stress, develops productivity and improves concentration. More importantly, the emphasis is on finding spiritual fulfillment. It's simple and can be practiced at home, at school, or at work. We will cover the physical, mental, emotional, and spiritual benefits of meditation. Developing the meditation technique, difficulties with sitting and focusing, and stilling the mind will also be included. A $5 workbook fee will be collected at the first class by the instructors.
Cost: $57
- Wednesdays, October 5 - 26
  6:30 pm - 8:00 pm
  ICC North; Mary Kay Berjohn & Prem Bhatia MD

Know Your Community
Join the Electoral Process: Become an Election Judge
Peoria County’s Elections Commission needs qualified, reliable men and women to serve as election judges for this year’s presidential General Election. Election judges are very important to the democratic electoral process because they administer voting procedures at each precinct on Election Day and ensure all individuals who have the right to vote can do so in a secure environment. Elections Commission staff will explain the qualifications, responsibilities, and compensation for election judges during this workshop.
Cost: Free
- Thursday, August 18
  6:00 pm - 7:00 pm
  ICC North; County Presenter

Weigh in on Hazard Mitigation
Peoria County is seeking input from its residents on the county’s five-year Local Multi-hazard Mitigation Plan. During this educational session, Planning & Zoning staff will describe the most likely hazards to affect our region and provide an overview of the mitigation plan that offers guidance and identifies strategies for reducing the risk and impact these hazards have on the community. Residents are encouraged to learn more about the plan and offer feedback before its adoption later this year.
Cost: Free
- Thursday, September 15
  6:00 pm - 7:30 pm
  ICC North; County Presenter

To Try or Not to Try
That is the question prosecutors in the State’s Attorney’s Office ask themselves when determining whether, and when, to file criminal charges. Peoria County State’s Attorney Jerry Brady will explain the factors he considers when deciding whether to press charges, as well as considerations that go into plea bargaining. He will describe the prosecution process, mandatory sentencing, and his office’s involvement in crime prevention initiatives such as “Don’t Shoot.” Join Jerry Brady for an informative discussion on criminal justice. Time will be reserved for questions.
Cost: Free
- Thursday, September 29
  6:00 pm - 7:30 pm
  ICC North; County Presenter
Language

Chinese for Fun and Travel
Learn about Chinese language and culture from Shuimei (Maggie) Pei, a visiting scholar from ICC’s sister school Huaxia University in Xiamen, China. You will learn Chinese phonetics, some frequently used characters, situational dialogue, and Chinese cultural characteristics.
Cost: $102
■ Wednesdays, September 7 - October 12
  6:00 pm - 8:00 pm
  ICC North; Shuimei Pei

Habla usted español I?
If you don't speak Spanish, but would like to learn or brush up your skills for fun or travel, this multi-faceted, interactive workshop is for you. The focus will be on conversational language skills to learn practical phrases and sentences to communicate with Spanish speakers. You will also learn about Latin American Culture. Audiovisual and printed materials will be used during class, and individual practice and class participation is encouraged.
Cost: $102
■ Thursdays, September 8 - October 13
  6:00 pm - 8:00 pm
  ICC North; Roberto Ortega

Photography

Digital Photography Basics – All Cameras
Whether you are new to digital photography or have experience, you'll learn how to get the most out of your camera (point & shoot or SLR). Composing images, exposure control, white balance control and camera mechanics will keep you discovering what else your camera can do. Bring your camera (any type), a charged up battery, a fresh SD memory card, and camera manual each week. One session will be an offsite class shoot.
Cost: $114
■ Tuesdays, July 5 - August 9
  6:00 pm - 8:00 pm
  ICC North; Ann Conver
■ Mondays, September 12 - October 24
  (skip September 26)
  6:00 pm - 8:00 pm
  ICC North; Ann Conver
■ Wednesdays, October 12 - November 16
  6:00 pm - 8:00 pm
  ICC Pekin; Craig Stocks
■ Mondays, November 7 - December 12
  1:00 pm - 3:00 pm
  ICC North; Ann Conver

Digital Photography – Beyond the Basics
We'll explore photographing landscape and people in terms of the four basic elements of photography (exposure, focus, color and perspective) using any camera. Discussion of post-processing possibilities are included. Participants should have a basic understanding of digital photography or have taken "Digital Photography Basics". Bring your camera, a charged battery, fresh SD card, and camera manual each week.
Cost: $80
■ Tuesdays, October 18 - November 8
  6:00 pm - 8:00 pm
  ICC Pekin; Craig Stocks

Digital Photography – Intermediate
If you have a basic understanding of your camera and want to learn how to do more and improve your photographic eye, this workshop is the next step. Composition and exposure control will be explored in depth with the “best picture in camera” as the goal. It’s recommended to have taken the Digital Photography Basics class first. Bring your camera, a charged up battery, a fresh SD card, and camera manual each week. One or more sessions will be offsite class shoots.
Cost: $120
■ Wednesdays, July 6 - August 10
  6:00 pm - 8:00 pm
  ICC North; Ann Conver
■ Tuesdays, September 13 - October 25
  (skip September 27)
  6:00 pm - 8:00 pm
  ICC North; Ann Conver
■ Mondays, November 7 - December 12
  6:00 pm - 8:00 pm
  ICC North; Ann Conver

Black and White Photography
Explore the wonders of black and white photography. In this advanced photography topic, you'll learn to get the best black and white image in camera. Camera settings will be discussed; a tripod is a must. Most of the time will be spent shooting the urban landscape in black and white.
Cost: $80
■ Thursdays, July 7 - July 28
  6:00 pm - 8:00 pm
  ICC North; Ann Conver
■ Wednesdays, November 9 - December 7
  (skip November 23)
  6:00 pm - 8:00 pm
  ICC North; Ann Conver

Old Photographs – Digitizing & Restoration
If you've taken Photoshop Elements I for Beginners, you will enjoy learning how to restore old photos. Participants will bring three to five photographs to restore or convert to digital files, and a jump drive for saving images. The three main topics covered will be (1) scanning photographs to create digital files (scanner provided), (2) copying photographs to create digital files (if you want to use your digital camera to digitize photographs, bring it with a fresh memory card and fully charged battery), and (3) restoration techniques using Photoshop Elements.
Cost: $52.50
■ Saturday, July 9th
  10:00 am - 3:00 pm
  ICC North; Ann Conver

Portrait Photography
We'll concentrate on outdoor and indoor portraiture in this advanced photography workshop. The outdoor photography session will cover natural light portraiture using the on camera flash and reflected light. The indoor session will cover studio-like portraiture techniques using simple equipment and backdrops to create professional-grade portraits on a shoestring. An off camera flash is helpful but not a requirement.
Cost: $80
■ Mondays, July 11 - August 1
  6:00 pm - 8:00 pm
  ICC North; Ann Conver
■ Thursdays, October 6 - 27
  1:00 pm - 3:00 pm
  ICC North; Ann Conver

Manual Mode Photography
Manual mode on your camera is used to more fully understand how f/stop and shutter speed, manual focus, and white balance interact to craft the image without relying on the camera maker’s idea of the best capture. This knowledge will enable you to use the semi-automatic modes and features more successfully to achieve the best picture in camera. We’ll meet in the classroom the first and last sessions, and two sessions will be offsite.
Cost: $80
■ Tuesdays, July 12-August 2
  1:00 pm - 3:00 pm
  ICC North; Ann Conver
■ Tuesdays, October 4 - 25
  1:00 pm - 3:00 pm
  ICC North; Ann Conver

Photoshop Elements I for Beginners
Boggled by post capture photographic programs? Perhaps you haven’t opened the program you bought and are overwhelmed? No problem, we will start at the beginning. In this lab workshop designed for the beginner, you'll explore and use the tools available in Photoshop Elements. You’ll...
work on sample photographs supplied by the instructor. A lab computer will be used. Please bring a jump drive to class.

Cost: $126
- Thursdays, July 21 - August 25
  1:00 pm - 3:00 pm
  ICC North; Ann Conver
- Wednesdays, September 14 - October 26
  (skip September 28)
  6:00 pm - 8:00 pm
  ICC North; Ann Conver
- Tuesdays, November 8 - December 13
  1:00 pm - 3:00 pm
  ICC North; Ann Conver

Photoshop Elements II

Want to learn more about Photoshop Elements? Elements II is for the person who has taken Photoshop Elements I for Beginners or the person who has experience with Photoshop and is comfortable with the menu bar and tool box. Each class will start with a demonstration; topics will include color management for portraits and landscapes, photo merging, HDR management, composition, layout and design, and issues unique to each student’s photos. Then each participant will work on his photographs with consultation from the instructor. A lab computer will be used. Bring a jump drive with photographs that you would like to work on.

Cost: $126
- Wednesdays, September 14 - October 26
  (skip September 28)
  1:00 pm - 3:00 pm
  ICC North; Ann Conver

Photographing Your Cousin’s Wedding

Your cousin is getting married and asks if you will photograph her wedding. You say “yes” because you want to help. The next day you ask yourself, “What in the world was I thinking?” It is now too late to back out. Learn the basic “dos” and “don’ts” of a small family wedding, providing you with an outline for the wedding and hands on shooting experience. Bring your camera, charged up camera battery(s), a fresh memory card, external flash and diffuser, if you have one.

Cost: $50
- Saturday, July 30
  10:00 am - 3:00 pm
  ICC North; Ann Conver

Landscape Photography

This workshop will include photographing both urban and rural landscapes. The first class will be spent in the classroom at ICC and the last three will be spent on site shooting. The final class will be on Saturday, August 20 at Matthiessen State Park. We will be hiking and photographing waterfalls and canyons. The car pool caravan to Matthiessen will leave from the ICC East Peoria Campus Horticultural Lab parking lot at 8:30 am and return to the parking lot at 3:30 pm. A tripod is a must. Neutral density and Polarizer filters are helpful but not required. Bring your camera with charged up batteries and a fresh SD card to all classes. Bug repellent, sun screen, water and a sack lunch should be brought for the Matthiessen hike. Footwear should be waterproof.

Cost: $105
- Thursdays, August 4 - 18
  6:00 pm - 8:00 pm
  Saturday, August 20
  8:30 am - 3:30 pm
  ICC North; Ann Conver

Photo Sorting, Organization Systems, and Storage Options

As photographers or family photo archivists we are all faced with the daunting task of sorting, organizing and saving our images digitally. This class will cover how to decide which shots should be saved or deleted, organization systems for easy retrieval, and photo storage options. Each participant should bring a jump drive with two or more file folders of images on it. A computer will be supplied for you. If you would like to bring your laptop with photo files on it you may do so.

Cost: $42
- Saturday, August 6
  10:00 am - 2:00 pm
  ICC North; Ann Conver

Cell Phone Photography

Wondering how to get those great pictures with your smart phone? Come spend two hours learning what buttons to push, how to delete the ones you don’t want, stylize the keepers, and send them to family and friends.

Cost: $22
- Tuesday, August 16
  10:00 am - 12:00 pm
  ICC North; Ann Conver

Indoor Sports Photography

Shooting indoor sports has very specific problems for the photographer. We’ll cover some of the tricks and tips to getting those great shots. It would be helpful for participants to have a telephoto lens that is 150mm and a monopod. We will meet in the classroom the first session and at school sporting events for the three remaining sessions. Note: there is an additional entry fee which supports High School Athletics.

Cost: $80
- Thursdays, November 10 - December 8
  (skip November 24)
  5:30 pm - 7:30 pm
  ICC North; Ann Conver

Macro Photography

This class is for the photographer who wants to photograph small subjects VERY close up. Macro photography is extreme close-up photography, often of very small objects. When printed these photographs are seen larger than life size showing the viewer details that are often not appreciated. It is recommended that you have a macro lens (point and shoot cameras have the macro feature built in to the camera) and a tripod is a must.

Cost: $80
- Tuesdays, November 15 - December 13
  (skip November 22)
  6:00 pm - 8:00 pm
  ICC North; Ann Conver

Individual Photography Study

Choose the topic you want to learn in this one-to-one session with photography expert Ann Conver. For two hours you’d get individual instruction on your choice of subjects, whether it’s camera workings, shooting techniques, composition, portfolio review, or a Photoshop application (bring own laptop).

Cost $70
- Wednesday, December 14
  1:00 pm - 3:00 pm
  ICC North; Ann Conver
- Wednesday, December 14
  6:00 pm - 8:00 pm
  ICC North; Ann Conver

Special Interests

Dog & Cat First Aid

Your pet is a part of your family, so be prepared to help them in an emergency. Learn how to relieve choking, identify and care for common ailments or emergencies, and make a pet First Aid kit. Do not bring your pet to the class.

Cost: $17
- Tuesday, June 28
  6:00 pm - 8:00 pm
  ICC North; Kitty Yanko

AARP Smart Driver Course

Learn the current rules of the road, defensive driving techniques, and proven safety strategies to help keep you safe while on the road. Completion of this class may qualify you for a discount on your driving insurance. Please check with your insurance provider to verify. Books will be purchased in class ($15 for AARP members and $20 for non-members). Check or cash only.

Cost: Free
- Wednesdays & Thursdays, June 29 & 30
  8:30 am - 12:30 pm
  ICC North; William Gardner
- Wednesdays & Thursdays, August 24 & 25
  8:30 am - 12:30 pm
  ICC North; William Gardner
- Wednesdays & Thursdays, October 19 & 20
  8:30 am - 12:30 pm
  ICC North; William Gardner
Your Parenting Tool Kit
With a focus on parenting today’s kids, these workshops provide parents with the tools they need to parent children in specific age groups. Topics include: effective parenting styles, effective ways to communicate with your children, the difference between discipline and punishment, why children misbehave, parenting during difficult times, how to conduct a family meeting, and much more.

Cost: $30
For parents of young children up to age 5
■ Saturday, July 16
  8:30 am - 10:30 am
  ICC North; Lisa Gentry
■ Saturday, September 17
  8:30 am - 10:30 am
  ICC North; Lisa Gentry
For parents of children ages 6 to 9 years
■ Saturday, July 16
  11:00 am - 1:00 pm
  ICC North; Lisa Gentry
■ Saturday, September 17
  11:00 am - 1:00 pm
  ICC North; Lisa Gentry
For parents of preteens ages 10 to 12 years
■ Saturday, August 20
  8:30 am - 10:30 am
  ICC North; Lisa Gentry
■ Saturday, October 15
  8:30 am - 10:30 am
  ICC North; Lisa Gentry
For parents of teens ages 13 to 17 years
■ Saturday, August 20
  11:00 am - 1:00 pm
  ICC North; Lisa Gentry
■ Saturday, October 15
  11:00 am - 1:00 pm
  ICC North; Lisa Gentry

Beginning Bridge I
Learn to play one of the most challenging card games and meet new friends in this interactive class. Included is a textbook titled Bidding in the 21st Century. Whether you have never played before or are a little rusty, this course will have you playing in short order. Each lesson includes the opportunity to play some hands of bridge. Come and have some fun playing this great game. The class will meet in Dogwood Hall.

Cost: $86
■ Saturdays, July 9 - August 27
  10:00 am - 12:00 pm
  ICC North; Chuck Young

Intermediate Bridge II
This workshop will be a course on bidding in which you will explore the 2 over 1 Game Force bidding system. We will discuss opening bids, the 2 over 1 response, the uses of conventions with the system such as Bergen Raises and Jacoby 2NT, the Forcing 1NT response, and the continuations over these responses. We will use a textbook entitled 25 Steps to Learning 2 Over 1 (cost included in the workshop fee) and play some hands each session. Both intermediate players and players who are at the novice level will profit from this workshop. Come and meet new friends and play some challenging hands of bridge. The class will meet in Dogwood Hall.

Cost: $84
■ Mondays, August 1 - September 19
  (skip September 5)
  6:00 pm - 8:00 pm
  ICC North; Chuck Young

How to Work a Room – Schmoozing for Success
“Making conversation” and “working a room” are learned arts which anyone can master for continued career and personal advancement. Increase your comfort level in any situation by learning to: Enter making a great first impression, enjoy functions whether you want to or not, deal with faux pas, negotiate a tough room and escape gracefully. Master the stage of life today.

Cost: $25.50
■ Tuesday, July 21
  6:00 pm - 9:00 pm
  ICC North; Edith Barnard

Navigating Veterans’ Benefits
Navigating the complexities of veterans’ benefits can be exhausting, confusing and sometimes maddening. This session will teach you about the various programs and benefits available to veterans, survivors and dependents, and how to apply for them. Gain knowledge on what each section of the VA does and how they do it. Topics will include: pension, education, health care, compensation, life insurance, and home loans, as well as vocational rehabilitation and employment benefits information and counseling.

Cost: Free
■ Tuesday, August 2
  6:00 pm - 8:00 pm
  ICC North; Alexis Duohon

The Procrastinator’s Guide to Getting Things Done
Do you put off until tomorrow what you should be doing today? Find out how to change the procrastination cycle. Discover the top reasons you may be procrastinating, when it can be useful, and ways to overcome it when it is undermining your life. Please bring your calendar to class. Don’t wait, sign up now!

Cost: $17
■ Thursday, August 25
  6:00 pm - 8:00 pm
  ICC North; Kate Varness

Can You Hear Me Now?
Effective Communication for Meaningful Conversations
Do you feel misunderstood? Do you want to understand your loved ones better? Do you want to find a way to tell people what you’re thinking and feeling? In this class we will explore basic communication skills that will allow you to understand others better and to be understood. You will learn the concepts of active listening, reflection, clarification and Care-frontation, to express your thoughts and feelings to others around you and understand them better as well. You will participate in active role playing, group discussions, and learn valuable resources in order to use your new communication techniques.

Cost: $68
■ Wednesdays, September 14 - October 5
  1:00 pm - 3:00 pm
  ICC North; Julianne Smith

Multiple Website Use for Genealogy
The class will provide information on how to use more than one website at the same time when doing genealogy research, along with reviewing what is available in each website. You will become familiar with searching websites, having multiple tabs within a browser open to take a fact learned on one site immediately to another site to find additional information, and gain a large amount of history. You’ll discover ideas on how to process information, experience better organization and fact finding. Though geared toward the beginner, the intermediate researcher might find a good review within the coursework. Learning more about each website helps you develop your family history with greater success.

Cost: $42
■ Saturdays, October 22 & 29
  10:00 am - 12:00 pm
  ICC North; Nancy Blackwell

icc.edu/acp
Travel

Travel for Next to Nothing
If you’re retired, near retirement, changing careers, or a student looking to travel more, join us for this look into ways to travel for free or on a dime. Our travel specialist, Gina Henry, will show you how you can afford to travel 12 months a year. She goes on free vacations when and where she wants, often making money. Learn how volunteer vacations can lead to paid travel opportunities. Find out how to stay in resorts for free. Get paid to mystery shop and receive free hotel stays and other travel perks. Drive and see the USA for free. Learn the best travel websites and smartphone apps, and how to avoid travel scams.

Cost: $40
(plus $15 for the book, paid at the workshop)

Wednesday, October 5
6:00 pm - 9:30 pm
ICC North; Gina Henry

W riting

From Start to Finish: Writing and Publishing Your Novel!
In this series, ICC professor and published author Joe Chianakas will take you through a series of steps to inform and motivate the aspiring author to complete his or her novel. Using activities, we’ll flesh out characters, outline plots, and inspire one another to finish. We’ll also demonstrate how to query agents and publishers, and we’ll share self-publishing options. Bring a notebook, pen or pencil, and your favorite novels.

Cost: $47.25

Tuesdays, July 12 - 26
6:00 pm - 7:30 pm
ICC North; Joe Chianakas

ILLINOIS CONCEALED CARRY TRAINING
Illinois Concealed Carry Training will qualify you for an Illinois concealed carry permit. The required 16-hour firearms training includes range qualification and will cover: firearm safety; basic principles of marksmanship; care, cleaning, loading, and unloading of a concealable firearm; state and federal laws relating to ownership; storage, carry, and transport of a firearm; and weapon handling and qualification.

To attend, you must:
• Be at least 21 years of age
• Possess a valid Firearm Owner Identification card
• Possess a valid state ID or driver’s license
• Be allowed by both state and federal law to legally possess a firearm
• Be able to follow all directions given by training staff
• Be physically capable of safely and effectively operating a firearm

We will accept up to 8 hours of in-person training already completed toward the 16 hour training requirement for military with active duty papers or DD 214 (Military Discharge Form).

For the latest information on the implementation of Concealed Carry in Illinois, go online to cc4ilinois.com

To register for the 16 hour or 8 hour training, go to icc.edu/acp and click on the Firearms category.

Cost: 16-Hour $215
8-Hour $125

Dates: 9:00 am - 6:00 pm both days

Saturday & Sunday – July 23 & 24
Saturday & Sunday – August 20 & 21
Saturday & Sunday – September 17 & 18
Saturday & Sunday – October 15 & 16

College for Kids is a summer program held at the East Peoria campus for children entering 4th thru 9th grades. Participants may choose from an assortment of creative and educational classes in art, math, science, dance, theatre, computers, language, and more. Class topics range from acting to web design and everything in between.

Each two-hour class meets Monday thru Thursday for two weeks.
Students may register for one, two, or three classes per session.
Club CFK is available from 3:15 - 5:00 pm for those wanting to extend their day during College for Kids. Friday Field Trips are also offered on the Friday of each session week from 8:30 am - 2:30 pm.

Tuition is $79 per class plus a materials fee as noted. Payment is required upon registration. Space is limited. A limited number of scholarships are provided by the ICC Educational Foundation.

Register NOW by phone at (309) 690-6900, in person at the North Campus in Hickory Hall or online at icc.edu/cfk. A complete listing of classes as well as class descriptions and registration information is available online.

Contact Bryan Blanks for additional information at bryan.blanks@icc.edu or (309) 690-6914.

Session 2: July 11 - 21

icc.edu/cfk
Hummingbird Haven
Imagine the air filled with hundreds of tiny wings beating faster than the eye can take it in. That’s the scene throughout the summer at Creel and Lois White’s Hummingbird Haven, near Smithfield. The White’s farm has long been a paradise for the tiny birds. Visitors come from all over to witness the countless tiny hummingbirds enjoying the special feeder blend. We will also tour the farm’s prairie garden used to attract the birds. After our visit, we’ll enjoy lunch at Bistro 101 in Canton. Trip includes transportation and lunch.
Cost: $45
- Friday, August 12 • 8:30 am - 3:30 pm

Ronald Reagan Museum
The Reagan Museum at Eureka College features a collection of over 2,000 items from President Reagan’s student days at Eureka, his movie and television career, his eight years as Governor of California, his campaign for presidency, and his two terms in office. At the request of Mr. Reagan, the first items in the collection came to the college in 1975. It is now the largest collection of Reagan memorabilia outside of the Reagan library in California. Our tour guide will give us an overview of Reagan’s life from humble beginnings to his political career as we explore the museum. We will also tour the Ronald Reagan Peace Garden which commemorates Reagan’s commitment to world peace and the important 1982 speech he presented at Eureka College. Trip includes transportation and tour.
Cost: $15
- Tuesday, July 19 • 12:30 pm - 4:00 pm

John Deere Factory Tour
Go behind the scenes to see how John Deere’s biggest machines are brought to life in one of the most modern and efficient factories in the world. Personal tour guides will take you through each stage of the manufacturing process. After the factory tour we will have lunch at the famous Machine Shed in Davenport. Following lunch we will visit the John Deere Pavilion to learn more about the innovations of John Deere. To finish off the day we will make a brief stop at the John Deere Store near the pavilion. Trip includes transportation, lunch, and tours. Considerable walking is involved.
Cost: $75
- Monday, August 15 • 7:30 am - 5:30 pm

Abraham Lincoln Presidential Museum, Old State Capitol, and Lincoln’s Tomb
Join us as we step back in time to the days of President Abraham Lincoln. Our trip will begin with a journey through the Abraham Lincoln Presidential Museum where you can enjoy historic displays and presentations including the Treasures Gallery, Union Theater, and Ghosts of the Library. Our adventure will continue as we visit the Old State Capitol State Historic Site where Lincoln served the people both as a legislator and a lawyer. The final stop on our visit to Springfield will be Lincoln’s Tomb. Trip includes transportation, admission to the museum, and lunch at the historic Maldaner’s Restaurant. Admission to the Old State Capitol is free, however, a donation of $4 per person is recommended.
Cost: $80
- Wednesday, September 7 • 7:30 am - 5:00 pm

Historic Galena
Explore historic Galena, Illinois. We will tour the home of Civil War hero, and 18th president of the United States, Ulysses S. Grant. Next, our step-on guide will lead us on a private tour of Galena’s historic district as well as a tour through the countryside, identifying old mine sites, the Mississippi River, and the unglaciated character of the beautiful terrain. Our guides are then invited to explore the fantastic shops and restaurants of Galena’s Main Street and take in the attractions of the Galena History Museum if they choose. Our final stop will be The Old Blacksmith Shop. This authentic and fully operational 1897 blacksmith operation includes working forges with original tools and equipment. Trip includes transportation, admission, and tours. Meals will be on your own. Considerable walking is involved.
Cost: $80
- Wednesday, October 19 • 6:30 am - 7:30 pm

Day Trip Cancellation Policy
To receive a full refund you must cancel your day trip reservation at least 15 days prior to the day of the trip.