

Knitting: Cast Ons and Bind Offs

Supply List

Skein of LIGHT colored worsted weight yarn (NO NOVELTY YARNS)

Ball of DARK colored worsted weight scrap yarn

16" Circular needle - size 6, 7, or 8

16" Circular needle - two sizes larger than needle listed above (for example if you are using a size 6 from above, than you need a size 8 needle)

Blunt-ended darning needle

Scissors